

Emergency Action Plan

Although serious injuries or accidents are rare, you must be ready to deal with them if and when they occur. As a first step, formal training in first aid and CPR for all team staff will give you the confidence and knowledge you need to deal with emergencies effectively.

You should maintain a complete First Aid Kit to help you deal with minor injuries.

Develop an Emergency Action Plan and write it down so everyone involved is clear on their responsibilities.

Designate key individuals to carry out the plan (i.e., the person in charge, and the call person).

Person in Charge

The person in charge should be the one who is most qualified in first-aid and emergency procedures. This individual will:

- know what emergency equipment is available at your facility
- secure a controlled and calm environment.
- assess - and tend to - the injured player.
- direct others involved until medical personnel arrive.

Call Person

This individual will:

- keep a record of emergency phone numbers and know the location of telephones
- make the telephone call for assistance
- guide the ambulance (if required) in and out of the facility.